

## Gerovital-H3

### Gerovital-H3 Description:

Also known as GH3 or KH3: Gerovital-H3®'s principle ingredient is procaine. This is the famous and original anti-aging drug discovered by Professor Ana Aslan of Bucharest. Gerovital-H3® improves cell metabolism and has an effect on many mental and body functions, it improves concentration and vitality, alleviates joint stiffness, enhances well-being and acts as an anti-depressant. It is even known to improve skin and hair condition. Gerovital-H3 is also known to lower cholesterol levels and you can click here to see charts depicting Gerovital's lowering action on cholesterol. Importantly, Gerovital-H3® can help reduce cortisol levels. Cortisol is the hormone responsible for stress and a "rare" hormone in that it is one of the few that increases with age. It is believed that high-cortisol levels lead to accelerated aging because cortisol "attacks" the hypothalamus, (the area of the brain that "controls" the endocrine system). Ironically, cortisol may run out-of-control due to its ability to damage the hypothalamus that controls the adrenal glands that produce cortisol! Thus this vicious catch-22 situation leads to an impaired endocrine system and forms part of the Neuroendocrine Theory of Aging.

Gerovital-H3® is also a reversible inhibitor of the brain enzyme MAO, (a substance that breaks down neurotransmitters [and increases with age] having a detrimental affect on brain function), thus accounting for Gerovital-H3's anti-depressant affects. Gerovital-H3 is most effective when used over a long period at 100mg to 200mg daily with regular breaks. The tablets are best taken on an empty stomach with liquid. IAS's Gerovital-H3® is the original formulation of Dr. Aslan product and it differs from KH3 by also containing potassium metabisulphite, benzoic acid and disodium phosphate. Compared to KH3, Gerovital-H3® tablets contain twice as much procaine. Diabetics should be aware that both types of tablet are sugar coated. Cortisol levels can now be monitored using the new hormone-saliva test kit. We can now also make available the original Gerovital-H3 skin cleanser cream and Gerovital-H3 hair conditioner.

"Having worked with Aslan for 25-years, I am pleased now to write that Gerovital-H3 is appreciated at present on the international level as being the most efficient anti-aging treatment." Mircea Dumitru Ph.D. M.D. Editor-in-Chief, International Journal of Gerontology and Geriatrics, Mexico City

"The Aslan method and [Gerovital-H3] treatment represents the most efficient therapeutic procedure in Geriatrics" Professor Paul Luth, Germany.

"Gerovital-H3 can claim not only to be the original but also still one of the most important anti-aging drugs." James South MA Oregon.

"Since starting your Gerovital-H3 treatment I am very happy with the difference it has made in my feeling. I remember things better and I have more energy. I am 74 years old and I feel more like 35 again!" S.T., Florida.

"I am so pleased with the results of your treatment. I have been in pain for a long time. Now, I can move my arms and legs and my back feels so much better." G.A., Mexico.

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